# LONG DAYS

Choreographer: Marita Torres (2009) 32 counts, beginner level Tag: After the 4th wall, 16 counts Music: Luky Lips - Clif Richard

## ROCK FORWARD, ROCK BACK, ROCK SIDE, TOE STRUT

1 RF rock forward 2 recover to LF 3 RF rock back 4 recover to LF 5 RF rock right side 6 recover to LF 7 toe R forward 8 RF next to left (snaps)

### ROCK FORWARD, ROCK BACK, ROCK SIDE, TOE STRUT

1 LF rock forward 2 recover to RF 3 LF rock back 4 recover to RF 5 LF rock left side 6 recover to LF 7 toe L forward 8 LF next to right (snaps)

### KICK BALL CHANGE X 2, STEP 1/4 LEFT TURN, SHUFFLE FORWARD

- 1 RF kick forward
- & Step R beside left
- 2 LF in place
- 3 RF kick forward
- & Step R beside left
- 4 LF in place
- 5 RF forward
- 6 1/4 turn left
- 7 RF forward
- & LF behind right
- 8 RF forward

### STEP FORWARD, TOUCH, STEP BACK TOUCH, OUT, OUT- IN, IN

- 1 LF forward
- 2 RF touch next to left
- 3 RF back
- 4 LF touch next to right
- & RF to right
- 5 LF to left
- 6 Hold
- & RF to center
- 7 LF to center
- 8 hold

Tag: After the 4th wall, 16 counts

#### **GRAPEVINE RIGHT SCUFF, GRAPEVINE LEFT SCUFF**

- 1 RF to right
- 2 LF behind right
- 3 RF to right
- 4 LF scuff
- 5 LF to left
- 6 RF behind left
- 7 LF to left
- 8 LF scuff